## Spike the Ball in Your Next Panel Interview Elevator Speech

An **elevator speech** is a clear, brief summary about you. It communicates who you are, what you're looking for and how you can benefit a company or organization. It's typically about 30 seconds, the time it takes people to ride from the top to the bottom of a building in an **elevator**.

**Tips:** Be quick, concise and accurate when describing yourself. Showcase your goals and interests and be ready to share it at the beginning or end of the interview

- What are your career goals?
- What is your personal mission, top level skills, interests, and your most relevant accomplishment?
- What is a good follow-up question?

Write your elevator speech or take some notes on the details you would likely include about yourself. Use the above bullets to assist you with this.	